

STUDENT BULLETIN

[School website](#)

Day 7

January 9, 2026

IMPORTANT DATES

January 21 – Ski trip Mont Orford Sec. 3, 4, 5
([sign up with Mr. Marentette B205](#))
February 6 – Planning day

[SCHOOL CALENDAR 2025-2026](#)

[BUS DELAYS](#)

REPORTING AN ABSENCE-Call 819-563-0770

CYCLE 1 & MAPS (yellow house): ext. 22092
CYCLE 2 & WOTP (blue house): ext. 22093

OUT OF BOUNDS AREAS

- Baseball, Lower soccer & upper football fields
- Central stairwells (unless going to Central Office, Student Activities/Services/School nurse)
- Blue/Green + Voc. Ed. Parking lots

GENERAL REMINDERS

- No food deliveries.
- No using vending machines during class time.
- No Bluetooth speakers in all common areas.
- Keep your backpack in your locker.
- No switching lockers.
- Outside doors: use Door 2 or 16 at lunch/recess.
- No temporary bus passes & stop changes.
- Don't forget to use the garbage cans outside!!!
- [Code of conduct](#) (including dress code)



MENU.

Friday: Spaghetti, garlic bread

[OPEN CLASSROOM ACTIVITIES:](#)

[Lunch Hour Open Classroom Schedule 2025-2026 - Google Sheets](#)

JANUARY SUPPLEMENTAL EXAMS:

Students who need to re-write supplemental exams in January can consult the official Ministry schedule [here](#). A schedule showing the addition of any local exams and preparation sessions will be shared in the coming weeks. If you have any questions or concerns, please reach out to Ms. Lyons lyonsa@etsb.qc.ca (819-563-0770 Ext. 22005) or Ms. Ouellett: ouellettv@edu.etsb.qc.ca (819-563-0770 Ext. 22073).

HELP DESK-Hallway next to Central Office

There is NO helpdesk this week

ACADEMIC BLOCK: [Academic Block Student View - Google Drive](#)

[COMMUNITY LINKS](#)-Need....

...someone to talk / help with cyberbullying, job search, c.v., legal matters, sexual health, etc.

DETENTION INFO: Everyday in B-206. Bring homework, paper & pens only. No Chromebook. Bring your lunch or it will be an escorted trip to the cafeteria at 12:45.

GAME AND PRACTICE SCHEDULE:

Friday, January 9:

Bantam boys' basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Junior boys' basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Senior boys' D3 basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Saturday, January 10:

Junior girls' volleyball @ Galt (RSEQ) 9:00, all day

Senior girls' basketball @ Tandem le Boise Basketball
Tournament TBD

Bantam boys' basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Junior boy's basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Senior boys D3 basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Bantam hockey @ St. Hilaire 12:00

Sunday, January 11:

Senior girls' volleyball @ RSEQ Tournament #4 TBD
Senior girls' basketball @ Tandem le Boise Basketball
Tournament TBD

Bantam boys' basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Junior boys' basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Senior boys D3 basketball @ CEGEP DE SHERBROOKE
TOURNAMENT TBD

Massey-Vanier @ Bantam hockey 10:30



REMINDER

NO SNOWBALLS

STUDENT BULLETIN

[School website](#)



There will be a ski trip to Mont Orford on January 21st for Secondary 3, 4 and 5 students. If interested, please sign up in Mr. Marentette's classroom B205

LIBRARY:



Student ID card required to borrow books & equipment or your schedule until you get the ID card FREE in your photo's package. Last year's card works too. Equipment on loan: for 1 block only. If not returned at the end of the block = you cannot borrow anything for the rest of the day. If need to call in class to get equipment back = you cannot borrow anything for the week.

The Healthy Lifestyle Committee and the Library feature: "Around the World with Spaghetti"

Last year, we did "Around the World through Rice" and this year, we will offer "Around the World with Spaghetti". We will have a monthly food tasting featuring different countries like Ethiopia, India, Pakistan, Philippines, Perou, Greece. These food tastings are opportunities and a mean to talk about those countries and their challenges.

Here are the dates to look forward to:

- Jan.21
- Feb.18
- Mar.18
- Apr. 22
- May 13

Serving starts @ 12:40 in the library. FREE for everyone!

Are you feeling **unsafe** at school?
Are you being **bullied**?
Are you being **discriminated** against?

WE CAN HELP.

Please talk to any member of the
**AGRS ANTI-BULLYING AND
ANTI-VIOLENCE COMMITTEE**

- M. Iannicello (B 310)
- M. Woodward (B 311)
- M. Elkas (Triage)
- T. Ord (Triage)
- J. Peterson (Triage)
- C. Poulin (Student Center)
- E. Laroche-Spaulding (Student Center)
- T. Ord (Student Center)
- J. Langlois (Green Staff room)

Or email: stopbullying@edu.etsb.qc.ca



WEEKLY TIP by your Community Officer

Here the first TIP of 2026...

YOUR IDENTITY IS YOUR OWN! Keep it that way.

Never trust unknown people on social media. A new fraud on Tik Tok is very popular right now: you will be asked to share a photo/video and record a voice message to an unknown person (for free or for \$\$\$). **DON'T!**

This person can use this information with artificial intelligence to usurp your identity!

STUDENT BULLETIN

[School website](#)

2026 HERITAGE PHOTO Contest

For Quebec High School Students!



Contest Rules

JUDGING: Based on composition & originality.

ORIGINALITY: Photo & text must be entirely your work. Any submission copied in whole or in part will be disqualified.

SUBJECT: Photos must be of an object, person, place or event connected to the heritage of your family or community. Subjects must be relevant to life in Quebec.

SUBMISSIONS MUST INCLUDE:

- Your name and grade
- Your school's name
- Title of photo
- Date and context of photo
- 200-300 word description of the subject and why it constitutes "heritage"

Submit to home@qahn.org by April 30th



PRIZES

Certificate and prize money!

1st place: \$350
2nd place: \$250
3rd place: \$200

Winning photos will appear in Quebec Heritage News magazine.

