

# STUDENT BULLETIN

[School website](#)

**Day 4**

**January 29, 2026**

## IMPORTANT DATES

Jan. 20-Feb. 25 – Virgin Hill Coffee Fundraiser  
February 6 – Planning day  
February 20 – Carnival day

## SCHOOL CALENDAR 2025-2026

### BUS DELAYS

#### **REPORTING AN ABSENCE-Call 819-563-0770**

CYCLE 1 & MAPS (yellow house): ext. 22092  
CYCLE 2 & WOTP (blue house): ext. 22093

### **OUT OF BOUNDS AREAS**

-Baseball, Lower soccer & upper football fields  
-Central stairwells (unless going to Central Office, Student Activities/Services/School nurse)  
-Blue/Green + Voc. Ed. Parking lots

### **GENERAL REMINDERS**

- No food deliveries.
- No using vending machines during class time.
- No Bluetooth speakers in all common areas.
- Keep your backpack in your locker.
- No switching lockers.
- Outside doors: use Door 2 or 16 at lunch/recess.
- No temporary bus passes & stop changes.
- Don't forget to use the garbage cans outside!!!
- [Code of conduct](#) (including dress code)



### **MENU.**

Thursday: Vegetable soup, Ham & cheese sliders, Potato wedges  
Friday: Taco salad

### OPEN CLASSROOM ACTIVITIES:

[Lunch Hour Open Classroom Schedule 2025-2026 - Google Sheets](#)

**\*\*\*REMINDER\*\*\***  
**NO SNOWBALLS**



### **HELP DESK-Hallway next to Central Office**

Tuesday & Thursday 10:50-11:05 and 12:35-13:05

**ACADEMIC BLOCK:** [Academic Block Student View - Google Drive](#)

### **COMMUNITY LINKS-Need....**

...someone to talk / help with cyberbullying, job search, c.v., legal matters, sexual health, etc.

**DETENTION INFO:** Everyday in B-206. Bring homework, paper & pens only. No Chromebook. Bring your lunch or it will be an escorted trip to the cafeteria at 12:45.

### **GAME AND PRACTICE SCHEDULE:**

#### **Thursday, January 29:**

Richmond @ Bantam girls' basketball 5:30  
Junior boys' basketball @ QSSA Provincial Davis Tournament 4:30 (dismissal 1:10)  
Senior hockey @ Mont St. Anne 4:30 (dismissal 3:15)

- **1 bus to Mont St. Anne at 3:20, no return**
- **No late buses**

### **JANUARY SUPPLEMENTAL EXAMS:**

Students who need to re-write supplemental exams in January can consult the official Ministry schedule [here](#). A schedule showing the addition of any local exams and preparation sessions will be shared in the coming weeks. If you have any questions or concerns, please reach out to Ms. Lyons [lyonsa@etsb.qc.ca](mailto:lyonsa@etsb.qc.ca) (819-563-0770 Ext. 22005) or Ms. Ouellett: [ouellettv@edu.etsb.qc.ca](mailto:ouellettv@edu.etsb.qc.ca) (819-563-0770 Ext. 22073).



® The Estrie Table Tennis Club is looking for a female player aged 14 and under and a female player aged 17 and under to qualify for the Quebec Games provincial finals in Blainville during spring break. If you know of any players, please contact: Julie at: 819-238-1416 or by email: [juliechapados5@gmail.com](mailto:juliechapados5@gmail.com) or Jasmine at: 873-339-3186

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Are you feeling **unsafe** at school?

Are you being **bullied**?

Are you being **discriminated** against?

## WE CAN HELP.

Please talk to any member of the

### **AGRHS ANTI-BULLYING AND ANTI-VIOLENCE COMMITTEE**

- M. Iannicello (B 310)
- M. Woodward (B 311)
- M. Elkas (Triage)
- T. Ord (Triage)
- J. Peterson (Triage)
- C. Poulin (Student Center)
- E. Laroche-Spaulding (Student Center)
- T. Ord (Student Center)
- J. Langlois (Green Staff room)

Or email: [stopbullying@edu.etsb.qc.ca](mailto:stopbullying@edu.etsb.qc.ca)

### LIBRARY:



Student ID card required to borrow books & equipment or your schedule until you get the ID card FREE in your photo's package. Last year's card works too. Equipment on loan: for 1 block only. If not returned at the end of the block = you cannot borrow anything for the rest of the day. If need to call in class to get equipment back = you cannot borrow anything for the week.

### **The Healthy Lifestyle Committee and the Library feature: "Around the World with Spaghetti"**

Last year, we did "Around the World through Rice" and this year, we will offer "Around the World with Spaghetti". We will have a monthly food tasting featuring different countries like Ethiopia, India, Pakistan, Philippines, Peru, Greece. These food tastings are opportunities and a mean to talk about those countries and their challenges. Here are the dates to look forward to:

- Feb.18
- Mar.18
- Apr. 22
- May 13

Serving starts @ 12:40 in the library. FREE for everyone!



### **WEEKLY TIP by your Community Officer**

#### **About pornographic materials:**

If you receive an unwanted message containing nude photos/videos, simply inform the sender you do not wish to receive this form of communication. Delete the message immediately and never share the pictures. Under the criminal code, you can face charges for making, publishing, distributing, and possessing such photos or videos. If under 18, sexting or sending nudes is against the law even when you are in relationship.

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## Winter Carnival 2026

Carnival day: Friday February 20th 2026

Lunch time Carnival activities will hold place during carnival week from Monday to Thursday

Carnival teams and an Activity Schedule will be available soon!



Here's some info for people who want to buy carnival merchandise!

<https://www.torographix.shop/s/search?q=Alexander%20Galt%20Carnival>

GILDAN 5000  
100% COTON



GILDAN 5000  
100% COTON



GILDAN 5000  
100% COTON



[WWW.TOROGRAPHIX.SHOP](http://WWW.TOROGRAPHIX.SHOP) 450-242-1246  
6056 CIR. KNOWLTON, KNOWLTON, QC.  
25 BLVD. CHURCHILL, GREENFIELD PARK, QC.



Alexander Galt T-Shirt ARMADILLOS  
CAD\$18.00 - CAD\$22.00

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Alexander Galt T-Shirt DEVILS  
CAD\$18.00 - CAD\$22.00

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Alexander Galt T-Shirt GREMLINS  
CAD\$18.00 - CAD\$22.00

GILDAN 18500  
50% COTON  
50% POLYESTER



GILDAN 18500  
50% COTON  
50% POLYESTER



GILDAN 18500  
50% COTON  
50% POLYESTER



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Alexander Galt Hoodie DEVILS  
CAD\$42.00 - CAD\$46.00

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Alexander Galt Hoodie LIZARDS  
CAD\$42.00 - CAD\$44.00

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# Graduation Rings 2026

If you are interested in buying a Grad Ring, here is the required info to order.

You will need to go to the website <https://www.jostens.com> and click on “rings and jewelry”. Then, enter the Name of the School. Once you select Alexander Galt, you can pick what type of ring you want and customize it to your liking!

If you have any question about Graduation Rings, please reach out to our affiliated seller:

[marc.caron@jostens.com](mailto:marc.caron@jostens.com)

If You need to know your ring size, come see Antoine in O-201



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## Virgin Hill Coffee Fundraiser!

For more information, please contact Antoine at O-201.

Orders will need to be handed in by February 25th. Orders will arrive at school after March break.



**Levée de fonds**

**ALEXANDER GALT REGIONAL HIGH SCHOOL**

**Petits plaisirs, grands projets**

**11\$** PÉROU NOIR 227g Grains ou moulu Corsé, notes de noisette

**11\$** MÉLANGE KNOWLTON 227g Grains ou moulu Vélouté, floral et équilibré

**11\$** ESPRESSO DÉCAFÉINÉ 227g Moulu Corsé, sans caféine

**35\$** ESPRESSO OWL'S 1kg Grains Robuste et velouté

**40\$** PÉROU NOIR 1kg Grains Corsé, notes de noisette

**40\$** COLOMBIE BRUN 1kg Grains Notes de noisette et fruitée

**10\$** CHOCOLAT CHAUD 454g

**BRÛLERIE VIRGIN HILL COFFEE ROASTERS**

## 2026 HERITAGE PHOTO CONTEST

For Quebec High School Students!



### CONTEST RULES

**JUDGING:** Based on composition & originality.

**ORIGINALITY:** Photo & text must be entirely your work. Any submission copied in whole or in part will be disqualified.

**SUBJECT:** Photos must be of an object, person, place or event connected to the heritage of your family or community. Subjects must be relevant to life in Quebec.

**SUBMISSIONS MUST INCLUDE:**

Your name and grade  
Your school's name  
Title of photo  
Date and context of photo  
200-300 word description of the subject and why it constitutes "heritage"

Submit to [home@qahn.org](mailto:home@qahn.org) by April 30th



### PRIZES

Certificate and prize money!

1st place: \$350  
2nd place: \$250  
3rd place: \$200

Winning photos will appear in Quebec Heritage News magazine.

