

STUDENT BULLETIN

[School website](#)

Day 5

November 14, 2025

IMPORTANT DATES

November 17 & 18- Sec. 2 Dental Screening
November 20- Term 1 Report cards on Portal
November 24 & 25- Planning Days
November 26- Parent / Teacher interviews
December 8- Citrus Delivery
December 19- Last day before Christmas break

[SCHOOL CALENDARS 2025-2026](#)

[BUS DELAYS](#)

REPORTING AN ABSENCE-Call 819-563-0770

CYCLE 1 & MAPS (yellow house): ext. 22092
CYCLE 2 & WOTP (blue house): ext. 22093

OUT OF BOUNDS AREAS

- Baseball, Lower soccer & upper football fields
- Central stairwells (unless going to Central Office, Student Activities/Services/School nurse)
- Blue/Green + Voc. Ed. Parking lots

GENERAL REMINDERS

- No food deliveries.
- No using vending machines during class time.
- No Bluetooth speakers in all common areas.
- Keep your backpack in your locker.
- No switching lockers.
- Outside doors: use Door 2 or 16 at lunch/recess.
- No temporary bus passes & stop changes.
- Don't forget to use the garbage cans outside!!!
- [Code of conduct](#) (including dress code)



MENU.

Friday: Taco salad

[OPEN CLASSROOM ACTIVITIES:](#)

[Lunch Hour Open Classroom Schedule 2025-2026 - Google Sheets](#)

DRUG AWARENESS WEEK.... "ASKING FOR HELP"

Do you feel like something is off or have concerns that never seem to go away?
Or do you worry for a friend but don't know what to do?
Come have a look at the kiosk in the library on **Wednesday November 19th** during **lunch hour** for info and suggestions on how and when to seek help.... for you or someone else.

HELP DESK-Hallway next to Central Office

Tuesday & Thursday 10:50-11:05 and 12:35-13:05.

ACADEMIC BLOCK: [Academic Block Student View - Google Drive](#)

[COMMUNITY LINKS](#)-Need....

...someone to talk / help with cyberbullying, job search, c.v., legal matters, sexual health, etc.

DETENTION INFO: Everyday in B-206. Bring homework, paper & pens only. No Chromebook. Bring your lunch or it will be an escorted trip to the cafeteria at 12:45.

SEC. 2 DENTAL SCREENING:

Sec 2 Students – you will be going to the library as a group for the dental screening on Monday November 17th. Individual appointments will be scheduled from Tuesday November 18th to Friday November 21st for the sealant when needed. If you are given an appointment slip, please go to the library for your appointment. Here is a video that explains the dental screening and sealant: <https://www.youtube.com/watch?v=gLvYx5h1a8U>

SEC. 5 EUROPE TRIP:

There will be a meeting for the students going on the Europe trip on **Wednesday December 3 at 12:20** in the auditorium.

GAME AND PRACTICE SCHEDULE:

Friday November 14:

Senior hockey @ Soulanges Tournament 1:00 and 7:40 or 9:00pm

Junior hockey @ Soulanges Tournament 6:20pm

Bantam hockey @ Soulanges Tournament 10:20

Junior boys' basketball @ Montcalm 5:00

Saturday November 15:

Junior hockey @ Soulanges Tournament TBD

Bantam hockey @ Soulanges Tournament TBD

Sunday November 16:

Senior hockey @ Soulanges Tournament TBD

Junior hockey @ Soulanges Tournament TBD

Bantam hockey @ Soulanges Tournament TBD

Senior girls' volleyball @ TBD

Senior boys' basketball D4 @ Seminaire de Sherbrooke 3:00

Basketball & Volleyball hyperlink to online store:

<https://vpacanada.com/boutique/alexandergaltpipers/>

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WEEKLY TIP by your Community Officer

As of age 12, you are responsible for any crime you commit. This means you can be sued (with possible consequences) and get a criminal record.

Are you up for a challenge??

What if, for one day, we put down our screens?

On **November 23**, 24 hours without screens (for leisure, at least!).

The project is called **"Pause Your Screen"** and aims to help us, young and old, reflect on our relationship with digital technology while taking care of our well-being.

Participants can choose from these four challenges:

- The ultimate challenge: 24 hours without any screens (cell phone, TV, console, computer, tablet) for entertainment
- 24 hours without social media
- 24 hours without video games (yes, even on your phone!)
- 24 hours without streaming (yes, that includes YouTube and Netflix!)

And as a bonus, by signing up for the challenge, **you have a chance to win \$1,000**. Not bad for a notification-free day, right?

Let's disconnect to better reconnect together!

Register here : <https://pausetonecran.com/>



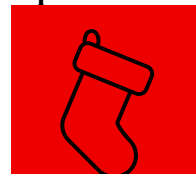
CRAZY HAIR DAY CONTEST!!

Friday November 21st at lunch in the cafeteria, the one with the craziest hair will win a prize.....

Christmas Baskets – For Families in Need

This year, our community support is once again enabling us to offer Christmas baskets for those who may be going through a difficult time.

If you would like to apply, please complete the digital [AGRHS Christmas Basket Application Form](#), or a printed copy available at the Student Services and Administrative Offices, by **November 26, 2025**. Baskets will be picked up directly at the grocery store selected in the form. For any special needs or questions, please contact Ms. Anne-Marie Allaire at agrhs.baskets@edu.etsb.qc.ca.



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LIBRARY:



Student ID card required to borrow books & equipment or your schedule until you get the ID card FREE in your photo's package. Last year's card works too. Equipment on loan: for 1 block only. If not returned at the end of the block = you cannot borrow anything for the rest of the day. If need to call in class to get equipment back = you cannot borrow anything for the week.

The Healthy Lifestyle Committee and the Library feature: "Around the World with Spaghetti"

Last year, we did "Around the World through Rice" and this year, we will offer "Around the World with Spaghetti". We will have a monthly food tasting featuring different countries like Ethiopia, India, Pakistan, Philippines, Perou, Greece. These food tastings are opportunities and a mean to talk about those countries and their challenges.

Here are the dates to look forward to:

- Dec. 15
- Jan.21
- Feb.18
- Mar.18
- Apr. 22
- May 13

Serving starts @ 12:40 in the library. FREE for everyone!

PIPER TEA

DAY 5
NOVEMBER 14TH
AT NOON IN
C-202

PRICES:
\$6 MILK BUBBLE TEA
\$3 CHERRY KOOL-AID BUBBLE TEA
\$4 BAG OF CANDY GUMMIES

ALL PROCEEDS GO TO THE TIER 3 GROUP FOR MATERIALS AND ACTIVITIES

ATTENTION
Winter has arrived and some
are excited to see the snow,
BUT as a reminder there is to
be NO snowball throwing!
Thankyou

Toy Drive

Do you have some gently used toys hanging around the house? If you do, bring them to the Student Center during the month of November. The Student Center in correlation with the Lennoxville District Women's Center are collecting your gently used toys to redistribute to children in need in the area. So instead of your old toy hanging around collecting dust, donate them to a good cause. Drop off all donations to the Student Center. Thank you

