

ALEXANDER GALT

CROSS COUNTRY RUNNING SCHEDULE 2025

SEPTEMBER:

MON. 8 PRACTICE 4:00-5:45
WED. 10 PRACTICE 4:00-5:45
THUR. 11 PRACTICE 4:00-5:45
MON. 15 PHOTOS at 4:00 AND PRACTICE AFTER PHOTOS
THUR. 18 PRACTICE 4:00-5:45
MON. 22 PRACTICE 4:00-5:45
WED. 24 MEET #1 @ GALT 1:00 WALK RACE BEGINS at 1:30 (DISMISSAL 12:20)
THUR. 25 PRACTICE 4:00-5:45
MON. 29 PRACTICE 4:00-5:45

OCTOBER:

WED. 1 MEET #2 @ STANSTEAD COLLEGE 1:00 (dismissal 11:40, bus leaves at 11:50, arrival back to Galt 4:15)
THUR. 2 PRACTICE 4:00-5:45
MON. 6 PRACTICE 4:00-5:45
TUES. 7 MEET #3 @ MVR 1:00 (dismissal 11:00, bus leaves at 11:10, arrival back to Galt 4:45)
WED. 8 PRACTICE 4:00-5:45
THUR. 16 PRACTICE 4:00-5:45
MON. 20 PRACTICE 4:00-5:45
TUES. 21 FINAL MEET @ BCS 1:00 (dismissal 12:20, bus leaves at 12:40, bus will bring the team back to Galt in time to take the buses home)