CROSS COUNTRY RUNNING SCHEDULE 2024

SEPTEMBER:

- MON. 9 PRACTICE 4:00-5:40
- WED. 10 PRACTICE 4:00-5:40
- THUR. 11 PRACTICE 4:00-5:40
- MON. 16 PHOTOS AND PRACTICE 4:00-5:40
- WED. 18 PRACTICE 4:00-5:40
- MON. 23 PRACTICE 4:00-5:40
- WED. 25 FIRST RACE @ GALT (WALK 1:00 AND RACE AT 1:30) DISMISSAL 12:20
- MON. 30 PRACTICE 4:00-5:40

OCTOBER:

WED. 2 SECOND RACE @ STANSTEAD COLLEGE (WALK 1:00 AND RACE AT 1:30) DISMISSAL 11:45 (BUS LEAVES Galt at 11:55, RETURNS TO GALT AT 4:30)

MON. 7 PRACTICE 4:00-5:40

TUES. 8 THIRD RACE @ MASSEY-VANIER (WALK 1:00 AND RACE AT 1:30) DISMISSAL 11:10 (BUS LEAVES Galt at 11:15, RETURNS TO GALT AT 4:50)

WED. 9 PRACTICE 4:00-5:40

- WED. 16 PRACTICE 4:00-5:40
- MON. 21 PRACTICE 4:00-5:40

TUES. 22 FINAL RACE @ BCS (WALK 1:00 AND RACE AT 1:30)

DISMISSAL 12:20

(BUS LEAVES Galt at 12:35, RETURNS TO GALT AT 3:40)