

# STUDENT BULLETIN

[School website](#)

Day 2

Tuesday April 30, 2024

## IMPORTANT DATES

May 17: Planning day  
May 20: Holiday  
June 6: last day of regular classes  
June 7: Planning day  
June 10-20: Sec. 3-4-5 Exam period  
June 21: Grad ceremony

## [SCHOOL CALENDARS 2024-25 & 2025-2026](#)

## [FINAL EXAMS - SCHEDULE \(Level 3-4-5\)](#)

## REPORTING AN ABSENCE-Call 819-563-0770

CYCLE 1 (yellow house): ext. 22092  
CYCLE 2 (blue house): ext. 22093  
MAPS/WOTP: ext. 22007

## OUT OF BOUNDS AREAS

-Baseball, Lower soccer & upper football fields  
-Central stairwells (unless going to Central Office, Student Activities/Services/School nurse)  
-Blue/Green + Voc. Ed. Parking lots

## GENERAL REMINDERS

-No food deliveries.  
-No using vending machines during class time.  
-No Bluetooth speakers in all common areas.  
-3<sup>rd</sup> floor off limit during lunch hour except to access locker, classroom, library. No gatherings.  
-Keep your backpack in your locker.  
-No switching lockers.  
-Outside doors: use Door 2 or 16 at lunch/recess.  
-No temporary bus passes & stop changes.  
-Breakfast Club: in-class delivery Academic Block.  
-Don't forget to use the garbage cans outside!!!  
-[Code of conduct](#) (including dress code):

## MENU

**Tuesday:** Broccoli soup, chicken quesadillas  
**Wednesday:** Chicken noodle soup, ham & cheese sliders, potato wedges  
**Thursday:** Potato bacon soup, hamburgers, macaroni salad  
**Friday:** Taco salad

## GAMES & PRACTICES-Today

Jrgirls & boys rugby @ SC 3:30 (dism. 1:50)  
-1 bus to SC at 2:00, return 6:30, Galt at 7:15  
-No late buses

## ALL BASKETBALL TEAMS: Uniforms

Return yours now to Mr. Fisk in the Phys. Ed office.

## [PIPER POST](#)

## [EXTRA-CURRICULAR ACTIVITIES](#)

## HELP DESK-Hallway next to Central Office

Tuesday & Thursday 10:50-11:05 and 12:35-13:05.

## CHROMEBOOK & CHARGERS-Loans

Go to the Library. Bring your student ID.

## [ACADEMIC BLOCK STUDENT VIEW](#)

## NEW-2-YOU STORE-Open Wednesday 12:10-13:00

In O-309. Everything \$1(except coats).

## CANADIAN CHILDREN'S BOOK WEEK

Meet author **Amanda Lewis** on Thursday May 2 (Day 4) Block 3 in B-307. Open to all levels. **Limited space.** First come, first served. Compulsory sign-ups here:  
[Amanda Lewis Workshop May 2nd Block 3](#)

## LIBRARY – Closed on Tuesday May 7 all day.

No book or computer material loans.

## NEW! *BETTER-U* bulletin board

In the Caf (blue corner). Find out more about kind of health issues and services. Watch the Bulletin for more.

## CYCLE 2 SCHOOL DANCE - GLOW PARTY!

Friday May 3 at 18:00-21:00 in the gym.  
Tickets on sale in the Caf & O-201 at lunch until Wednesday. 8\$ CASH ONLY.  
Scan the posters around the school for song requests with our DJ.



## [SPRING BASKETS](#)-For families in need

Return form to Student Services by **May 7.**



## [COMMUNITY LINKS](#)-Need....

...someone to talk to or help with cyberbullying, job search, c.v., legal matters, sexual health, etc?

## [FROM THE COUNSELLOR'S DESK](#)

## CEGEP APPLICATIONS -[SRAM](#)

May 14: Round 2 decisions posted on [SRAM](#)  
May 29: Deadline to apply for Round 3  
June 15: Round 3 decisions posted on [SRAM](#)



## HAUT ST-FRANCOIS-Summer jobs

Check out the [Carrefour Jeunesse](#) for new postings. To filter, check the box *Secondaire* under *Niveau d'études*.

Canadian Children's Book Week: Author Visit from Amanda Lewis!

Canadian Children's Book Week April 28-May 4, 2024

Read Together. Grow Together

Thursday May 2, Block 3

Sign up to attend using the link in the Student Bulletin!

CENTRE DE FORMATION PROFESSIONNELLE  
LENNOXVILLE  
VOCATIONAL  
TRAINING CENTRE

24U  
Concomitance

Earn your DSS and a trade at the same time!

Online Information Session  
May 13, 2024 6:30 - 7 p.m.  
All are welcome

Send email to request zoom link to: mackeys@etsb.qc.ca

# STUDENT BULLETIN

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## QUESTION OF THE WEEK

When I grow up, will I be an alcoholic?

### Answer:



It depends on many things:

- The amount of alcohol you drink.
- How often you do drink.
- Your environment (if most people around you drink, you will most likely want to join them)
- If you start drinking before the age of 15, you are four times more likely to have an addiction to alcohol later.
- Some mental health problems and traumas can lead to drinking.

So, like all addictions, alcohol use disorder is linked to a combination of factors (biological, social, and psychological).

Therefore, even though it is legal and easy to get, it is not harmless.  
Even alcohol withdrawal can present dangers to your health.

**More questions? Drop them in my mailbox (envelope next to door) at O-301.**

**For all Sec. 4 & 5, Pre-work 1-2-3 & 24U**

## **MENINGITIS VACCINATION Tuesday May 7 in the Library**

Info letter sent to your email.  
Check the schedule posted at all offices.

*Your name is not there? You don't need vaccination!*



On vaccination day, make sure to:

- eat breakfast
- wear short sleeves
- bring your vaccination booklet.

Questions?

See the nurse Wednesday or Friday this week  
at recess or lunch time.

Or e-mail at [pyen@etsb.qc.ca](mailto:pyen@etsb.qc.ca)