## IMPORTANT DATES

May 17: Planning day

May 20: Holiday

June 6: last day of regular classes

June 7: Planning day

June 10-20: Sec. 3-4-5 Exam period

June 21: Grad ceremony

#### SCHOOL CALENDARS 2024-25 & 2025-2026

#### FINAL EXAMS - SCHEDULE (Level 3-4-5)

#### REPORTING AN ABSENCE-Call 819-563-0770

CYCLE 1 (yellow house): ext. 22092 CYCLE 2 (blue house): ext. 22093

MAPS/WOTP: ext. 22007

#### **OUT OF BOUNDS AREAS**

-Baseball, Lower soccer & upper football fields

-Central stairwells (unless going to Central Office,

Student Activities/Services/School nurse)

-Blue/Green + Voc. Ed. Parking lots

#### GENERAL REMINDERS

- -No food deliveries.
- -No using vending machines during class time.
- -No Bluetooth speakers in all common areas.
- -3<sup>rd</sup> floor off limit during lunch hour except to access locker, classroom, library. No gatherings.
- -Keep your backpack in your locker.
- -No switching lockers.
- -Outside doors: use Door 2 or 16 at lunch/recess.
- -No temporary bus passes & stop changes.
- -Breakfast Club: in-class delivery Academic Block.
- -Don't forget to use the garbage cans outside!!!
- -Code of conduct (including dress code):

#### **MENU**

**Tuesday:** Broccoli soup, chicken quesadillas **Wednesday:** Chicken noodle soup, ham & cheese sliders, potato wedges

Thursday: Potato bacon soup, hamburgers, macaroni

salad **Friday:** Taco salad

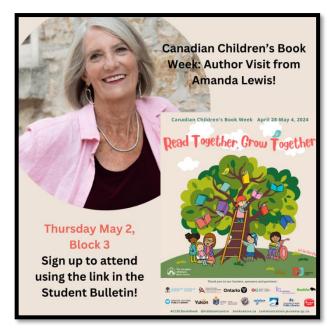
## **GAMES & PRACTICES-Today**

Jrgirls & boys rugby @ SC 3:30 (dism. 1:50)
-1 bus to SC at 2:00, return 6:30, Galt at 7:15

-No late buses

#### **ALL BASKETBALL TEAMS: Uniforms**

Return yours now to Mr. Fisk in the Phys. Ed office.



#### **PIPER POST**

#### **EXTRA-CURRICULAR ACTIVITIES**



#### **HELP DESK-Hallway next to Central Office**

Tuesday & Thursday 10:50-11:05 and 12:35-13:05.

#### **CHROMEBOOK & CHARGERS-Loans**

Go to the Library. Bring your student ID.

#### ACADEMIC BLOCK STUDENT VIEW

**NEW-2-YOU STORE-Open Wednesday 12:10-13:00** In O-309. Everything \$1(except coats).

#### CANADIAN CHILDREN'S BOOK WEEK

Meet author **Amanda Lewis** on Thursday May 2 (Day 4) Block 3 in B-307. Open to all levels. **Limited space.** First come, first served. Compulsory sign-ups here: <u>Amanda Lewis Workshop May 2nd Block 3</u>

#### LIBRARY - Closed on Tuesday May 7 all day.

No book or computer material loans.

#### NEW! BETTER-U bulletin board

In the Caf (blue corner). Find out more about kind of health issues and services. Watch the Bulletin for more.

#### **CYCLE 2 SCHOOL DANCE - GLOW PARTY!**

Friday May 3 at 18:00-21:00 in the gym. Tickets on sale in the Caf & O-201 at lunch until Wednesday. 8\$ CASH ONLY. Scan the posters around the school for song requests with our DJ.



LINKS



**SPRING BASKETS**-For families in need Return form to Student Services by **May 7**.

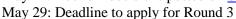
#### **COMMUNITY LINKS-Need....**

...someone to talk to or help with cyberbullying, job search, c.v., legal matters, sexual health, etc?

# FROM THE COUNSELLOR'S DESK

#### **CEGEP APPLICATIONS -SRAM**

May 14: Round 2 decisions posted on **SRAM** 



June 15: Round 3 decisions posted on **SRAM** 

# HAUT ST-FRANCOIS-Summer jobs

Check out the <u>Carrefour Jeunesse</u> for new postings. To filter, check the box *Secondaire* under *Niveau d'études*.



# STUDENT BULLETIN

School website

# **QUESTION OF THE WEEK**

When I grow up, will I be an alcoholic?

# Answer:

It depends on many things:

- The amount of alcohol you drink.
- How often you do drink.
- Your environment (if most people around you drink, you will most likely want to join them)
- If you start drinking before the age of 15, you are four times more likely to have an addiction to alcohol later
- Some mental health problems and traumas can lead to drinking.

So, like all addictions, alcohol use disorder is linked to a combination of factors (biological, social, and psychological).

Therefore, even though it is legal and easy to get, it is not harmless. Even alcohol withdrawal can present dangers to your health.

More questions? Drop them in my mailbox (envelope next to door) at O-301.

For all Sec. 4 & 5, Pre-work 1-2-3 & 24U

MENINGITIS VACCINATION Tuesday May 7 in the Library

Info letter sent to your email.
Check the schedule posted at all offices.

Your name is not there? You don't need vaccination!



On vaccination day, make sure to:
-eat breakfast
-wear short sleeves
-bring your vaccination booklet.

Questions?
See the nurse Wednesday or Friday this week at recess or lunch time.

Or e-mail at <a href="mailto:pyen@etsb.qc.ca">pyen@etsb.qc.ca</a>

