

ALEXANDER GALT PIPERS

CROSS COUNTRY RUNNING SCHEDULE 2023

SEPTEMBER:

MON.	11	PRACTICE	4:00-5:45	
WED.	13	PRACTICE	4:00-5:45	
THURS.	14	PRACTICE	4:00-5:45	
MON.	18	PRACTICE	4:00-5:45	(TEAM PHOTOS)
WED.	20	PRACTICE	4:00-5:45	
THURS.	21	PRACTICE	4:00-5:45	
MON.	25	PRACTICE	4:00-5:45	
WED.	27	RACE @ GALT		1:00 (WALK) RACE (1:30)

OCTOBER:

MON.	2	PRACTICE	4:00-5:45	
WED.	4	RACE @ STANSTEAD COLLEGE		1:00 (WALK) RACE (1:30)
WED.	11	PRACTICE	4:00-5:45	
THURS.	12	PRACTICE	4:00-5:45	
MON.	16	PRACTICE	4:00-5:45	
TUES.	17	RACE @ MVR		1:00 (WALK) RACE (1:30)
WED.	18	PRACTICE	4:00-5:45	
MON.	23	PRACTICE	4:00-5:45	
TUES.	24	FINAL RACE @ BCS		1:30 (WALK) RACE (2:00)