

International Student Mentorship

What is International Student Mentorship?

When an International student lands in ETSB's High Schools, he or she doesn't know anything about the school, the environment, the courses nor the culture. Mentors are there to make them feel welcome! They provide them with peer advice, support, motivation and guidance.

What are the goals of the program?

This program is meant to help build curiosity, connection and trust, in between cultural diversity. The essence is to recognize the contribution of others. The pairing is done to give empowerment to the students themselves, to enhance the school community belonging. It fosters a positive relation between local and international students.

How does it work?

Mentors are recruited on a voluntary basis before the end of the year. A workshop training is provided to the future mentors. The first virtual connections between mentors and mentees are done when the International Students arrive in Canada. All mentors will receive a certificate of completion for their participation in the program.

What is a mentor?

An International Student Mentor is a student who experienced life at a High School welcoming International Student and wishes to be a resource for another student as they integrate this school. They support the new student into their journey, especially with language and cultural differences. The mentor must attend the same school, in the same year as the International student.

Why does a mentee need this?

- Get peer advice.
- Learn about the school from a student point of view.
- Meet new people and build social networks.
- To comfort their apprehension during the quarantine period.

Is this role meant for you?

This engagement could be beneficial for you in many aspects.

- You like helping others.
- You wish to learn more about yourself and others.
- You have interest in volunteerism.
- You would like to make new friends.
- You wish to enhance interpersonal abilities.
- You have interest in learning about a new culture.



How does the pairing process work?

The matching process is based on the level, shared interest and availability of mentors. Pairing is done by the International Students Program coordinator before the arrival of the International Students.

What is the mentor's commitment?

The baseline is to do their best to make the mentorship successful. We ask the mentors to be available starting the week of August 16th for at least one hour per week until the end of September. Then, it is up to the mentor and the mentee to decide to pursue, or not, their mentorship or friendship relation throughout the school year.

Timeline overview

May 2021	○ Mentors recruitment
June 2021	○ Information session for mentors
July 2021	○ Mentorship pairing
August 2021	○ Training for mentors
	○ Welcoming email
	○ Virtual connection
September 2021	○ Attend Welcome Camp
School year 2021-2022	○ Monthly activities available

How to apply?

Send the following information to Marie-Michele Dorais, doraism@etsb.qc.ca:

1. Your name.
2. Your email and phone number.
3. A brief explanation of why you would like to serve as an International Student Mentor (max. 100 words).



"When one person mentors, two lives are changed."

Kevin Sessums