

COVID-19

WHAT SHOULD I DO IF MY CHILD BETWEEN THE AGES OF 6 AND 17 HAS SYMPTOMS?

MY CHILD HAS **ONE OR MORE** OF THE FOLLOWING SYMPTOMS:

- Fever $\geq 38.5^{\circ}\text{C}$ (rectal)
- Cough (new or worsened)
- Sudden loss of smell without a stuffy nose, with or without loss of taste
- Shortness of breath
- Difficulty breathing
- Sore throat
- Runny or stuffy nose
- Headache
- Intense fatigue
- Generalized muscle aches (not related to physical exertion)
- Significant loss of appetite
- Stomach aches
- Nausea
- Vomiting
- Diarrhea



If the symptoms start at home

I notify the school and keep my child at home.



If the symptoms start at school

The school will contact me to pick up my child for an **immediate return at home.**



I need to complete the **online self-assessment tool by clicking here** and follow the instructions or call **1-877-644-4545.**

NEW



If my child must have a screening test, **everyone in the household must also isolate.**

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If my child receives a **negative test result*** and his symptoms have decreased, and his general condition is good, my child, the members of the household and I can **resume our activities.****

**If indicated in the online self-assessment.*

***Except if I am in isolation because I have been in contact with someone who is positive for COVID-19.*

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If my child **tests positive**, he must **isolate himself for 10 days.** **The members of the household** must also isolate themselves at home **for 14 days.**



WHAT IF I REFUSE THE SCREENING?

If my child needs to be tested for COVID-19, but **I refuse**, I must keep him in **isolation at home for a minimum of 10 days** from the onset of their symptoms **AND until they disappear.**



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In this situation, **members of the household must also isolate themselves for 14 days.**

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This document is updated regularly.

Please visit santeestrie.qc.ca to ensure you have the most recent version.

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