

STUDENT BULLETIN

Day 9

Thursday January 28, 2021

IMPORTANT DATES

Feb. 1-10: Online registration 2021-22 for returning students. Check your email this week.

February 5 : Report cards posted on Parent Portal

Feb. 12 & 15: Planning days

Feb. 18: Parent-Teacher Interviews by Zoom appointment (17:00-20:00)



COVID REMINDERS

-No food deliveries.

-Lunch in your classroom.

-Storage bin under your chair.

-Procedure masks (yours or the school's) required at all times on campus (inside & outside).

Info:<http://alexandergalt.etsb.qc.ca/protocols/>

DL SCHEDULE (Level 3-4-5)-For Jan.18-Feb.5

<http://alexandergalt.etsb.qc.ca/dl-schedule-levels-345/>

MENU

Thursday: Tomato soup, meatball subs

Friday: Chicken Divan, rice, veggies

HELP DESK-Online service at:



<https://sites.google.com/edu.etsb.qc.ca/ict>.

At school: Tuesday & Thursday 10:55-11:10 and 12:20-12:50 in Central Lobby (hallway next to Central Office).

VIRTUAL TRAINING SPORT SESSION-Free!

During January, train with a sport star once a week online. Sign up to get your Zoom link at: www.tonsport-toncoach.ca.

ACCOMMODATIONS TUTORIALS

Find out how to use Google Read & Write, Word Predictor, Speech to text.

<https://sites.google.com/edu.etsb.qc.ca/accommodations/accommodations-google-read-write>



BREAKFAST TO GO-At the Library

Every day starting at 8:50 & during Academic block (with teacher's permission). Hand washing and mask mandatory.

VAPING-Thinking about reducing or quitting?

Need support? See Student Services for an appointment. You can do this!!

KIDS HELP PHONE-For support anytime!

<https://kidshelpphone.ca> or phone free: 1-668-6868 or text "CONNECT" to 686868 or via Facebook Messenger.



SHERBROOKE YOUTH CLINIC(12-25 years old)

Open Monday-Friday for STDs screenings, pregnancy tests, contraceptives. For an appointment: 819-780-2222. Ask for the Youth Clinic secretary. Other local youth clinics available: <https://www.santeestrie.qc.ca/en/care-services/services-specialises/specialty-clinics/youth-clinics/>

FROM THE COUNSELLOR'S DESK

CEGEP APPLICATIONS-Coming soon!

Ms Thibault is presently visiting all Level 5 classes to help with CEGEP applications. Still hesitating between programs/schools? Send her an email to set up a meeting & discuss Voc. Ed. or Cegep options:

thibaultm@edu.etsb.qc.ca

VIRTUAL OPEN HOUSE-Cegep de Sherbrooke

Ongoing till Feb.20. See Mrs.Thibault for info.

<https://www.cegepsherbrooke.qc.ca/fr/portes-ouvertes-2020-et-2021-formule-hybride>

CHAMPLAIN COLLEGE- Special care counselling

Info session **Thursday** at 18:00. Sign up:

scassivi@crcmail.net.

VIRTUAL STUDENT FAIR – Jan. 28- Feb. 5

Talk with reps from Vocational Training Centres, CEGEPS and Quebec universities about the programs they offer. Info: <https://ecarrieres.com/en/evenements/virtual-student-fair/>

STUDY @ MCGILL - Saturday Feb. 13

Participate in the virtual event *The road from high school to McGill* to get useful tips & infos as you consider your academic & career goals. More details at:

<https://www.mcgill.ca/qcstudyfair/>

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MINDFULNESS

(Students & Staff Only)
January 25th - February 5th
9:15am - 9:30am



YOGA

Open to whole Galt Community (100 participants)
Tuesday & Thursday
6pm - 6:30pm



FITNESS

Open to whole Galt Community
Monday & Wednesday
6pm - 6:30pm



Mindfulness session at 9h15 during academic block, via the zoom platform.
Hope you can join and explore the benefits of mindfulness.

[HTTPS://US02WEB.ZOOM.US/J/82812150312?PWD=BKQXDZUZBMTXRTDPEWVZDLDKL1VKQT09](https://us02web.zoom.us/j/82812150312?pwd=BKQXDZUZBMTXRTDPEWVZDLDKL1VKQT09)

For more information:

https://drive.google.com/file/d/1bNxZU3M1FL8A501FRRjDEngLtIPg4_o2/view?usp=sharing