

RED ZONE: GYM AND WEIGHT ROOM SCHEDULE FOR LUNCH HOUR

NOVEMBER 16 – NOVEMBER 27

| LOCATION | DAY 1 | DAY 2 NOV. 24 | DAY 3 NOV. 25 | DAY 4 NOV. 26 | DAY 5 NOV. 27 | DAY 6 NOV. 16 | DAY 7 NOV. 17 | DAY 8 NOV. 18 | DAY 9 NOV. 19 |
|------------------------|--------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| GYM 1 | | B-205 | O-311 | B-205 | O-204 | O-311 | Y-310 | B-205 | Y-310 |
| GYM 2 | | O-310 | O-307 | B-305 | Y-310 | O-307 | B-203 | O-311 | B-305 |
| GYM 3 | | B-203 | B-305 | B-311 | Y-209 | Y-309 | B-305 | O307 | B-203 |
| GYM 4 | | B-311 | Y-309 | B-203 | O-310 | O-208 | B-311 | Y-309 | B-311 |
| GYM 5 | | G-310 | O-208 | Y-209 | G-210 | O-204 | O-310 | O-204 | Y-209 |
| WEIGHT ROOM | | B-307 | G-303 | G-310 * | B-310 | G-104* | Y-209 | G-102* | G-309* |

NOVEMBER 30 – DECMEBER 11

| LOCATION | DAY 1 | DAY 2 DEC. 8 | DAY 3 DEC. 9 | DAY 4 DEC. 10 | DAY 5 DEC. 11 | DAY 6 NOV. 30 | DAY 7 DEC. 1 | DAY 8 DEC. 2 | DAY 9 DEC. 3 |
|------------------------|--------------|-------------------------|-------------------------|--------------------------|--------------------------|--------------------------|-------------------------|-------------------------|-------------------------|
| GYM 1 | | Y-309 | B-311 | O-311 | O-204 | B-205 | O-307 | O-204 | B-205 |
| GYM 2 | | O-208 | B-203 | Y-309 | Y-310 | B-203 | Y-309 | Y-310 | B-203 |
| GYM 3 | | O-204 | Y-209 | Y-209 | B-205 | B-305 | B-205 | Y-209 | B-305 |
| GYM 4 | | Y-310 | B-305 | B-305 | G-310 | B-311 | G-310 | O-311 | B-311 |
| GYM 5 | | O-310 | B-205 | O-208 | O-310 | O-311 | O-208 | O-310 | O-307 |
| WEIGHT ROOM | | B-307 | G-104 | B-310 | G-303 | Y-209 | Y-205 | O-202 | G-310 |

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DECEMBER 14 – DECEMBER 22

| LOCATION | DAY 1 DEC. 21 | DAY 2 DEC. 22 | DAY 3 DEC. 18 | DAY 4 | DAY 5 | DAY 6 DEC. 14 | DAY 7 DEC. 15 | DAY 8 DEC. 16 | DAY 9 DEC. 17 |
|------------------------|--------------------------|--------------------------|--------------------------|--------------|--------------|--------------------------|--------------------------|--------------------------|--------------------------|
| GYM 1 | Y-309 | B-205 | B-205 | | | O-311 | B-203 | B-205 | Y-209 |
| GYM 2 | O-208 | G-310 | B-311 | | | O-307 | B-311 | G-310 | B-305 |
| GYM 3 | O-204 | B-311 | B-203 | | | Y-309 | Y-209 | O-310 | B-311 |
| GYM 4 | Y-310 | B-203 | B-305 | | | O-208 | B-305 | O-311 | B-203 |
| GYM 5 | O-310 | Y-209 | Y-209 | | | O-204 | Y-310 | O-202 | O-307 |
| WEIGHT ROOM | B-307 | B-310 | O-202 | | | G-309 | G-210 | G-102 | Y-205 |