

# HOCKEY CONCENTRATION 2019-20

## CYCLE ONE

ALL TRIPS ARE TO BISHOP'S UNIVERSITY UNLESS INDICATED TO BCS

### SEPTEMBER:

TUES. 3 DAY 7 ACADEMIC BLOCK 3 AND FITNESS TEST BLOCK 4  
MON. 9 DAY 1 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
WED. 11 DAY 3 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
FRI. 13 DAY 5 DEPARTURE 12:45 RETURN 3:15 ICE 1:15-2:45  
TUES. 17 DAY 7 ACADEMIC BLOCK 3 AND FITNESS TEST BLOCK 4  
MON. 23 DAY 1 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
WED. 25 DAY 3 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
FRI. 27 DAY 5 DEPARTURE 12:45 RETURN 3:15 ICE 1:15-2:45

### OCTOBER:

TUES. 1 DAY 7 ACADEMIC BLOCK 3 AND FITNESS TEST BLOCK 4  
MON. 7 DAY 1 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
WED. 9 DAY 3 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
FRI. 11 DAY 5 DEPARTURE 12:45 RETURN 3:15 ICE 1:15-2:45  
TUES. 15 DAY 7 BLOCK 3 ACADEMIC BLOCK  
DEPARTURE 2:15 RETURN 3:35 ICE 2:30-3:20  
FRI. 18 DAY 1 DEPARTURE 9:05 RETURN 11:45 ICE 1:15-2:45  
WED. 23 DAY 3 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
FRI. 25 DAY 5 DEPARTURE 12:45 RETURN 3:15 AT BCS ICE 1:15-2:45  
TUES. 29 DAY 7 BLOCK 3 ACADEMIC BLOCK  
DEPARTURE 2:15 RETURN 3:35 ICE 2:30-3:20

### NOVEMBER:

FRI. 1 DAY 5 DEPARTURE 12:55 RETURN 3:15 (WATCH SENIOR  
TOURNAMENT AT BU)  
MON. 4 DAY 1 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
WED. 6 DAY 3 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
FRI. 8 DAY 5 DEPARTURE 12:45 RETURN 3:15 ICE 1:15-2:45  
TUES. 12 DAY 7 BLOCK 3 ACADEMIC BLOCK  
DEPARTURE 2:15 RETURN 3:35 ICE 2:30-3:20  
MON. 18 DAY 1 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
WED. 20 DAY 3 DEPARTURE 9:05 RETURN 11:45 ICE 9:45-11:15  
TUES. 26 DAY 7 BLOCK 3 ACADEMIC BLOCK  
BLOCK 4 OFF ICE WORKOUT  
FRI. 29 DAY 7 BLOCK 3 ACADEMIC BLOCK  
DEPARTURE 2:15 RETURN 3:35 AT BCS ICE 2:30-3:20

### DECEMBER:

MON. 2	DAY 1 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
WED. 4	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
TUES. 10	DAY 7 BLOCK 3 ACADEMIC BLOCK		
	DEPARTURE 2:15	RETURN 3:35	ICE 2:30-3:20
FRI. 13	DAY 5 DEPARTURE 12:45	RETURN 3:15	ICE 1:15-2:45
MON. 16	DAY 1 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
WED. 18	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
FRI. 20	DAY 5 DEPARTURE 12:45	RETURN 3:15	ICE 1:15-2:45

**JANUARY:**

WED. 8	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
FRI. 10	DAY 5 DEPARTURE 12:45	RETURN 3:15	ICE 1:15-2:45
TUES. 14	DAY 7 BLOCK 3 ACADEMIC BLOCK		
	DEPARTURE 2:15	RETURN 3:35	ICE 2:30-3:20
FRI. 17	DAY 1 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
MON. 20	DAY 1 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
WED. 22	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
FRI. 24	DAY 5 DEPARTURE 12:45	RETURN 3:15	ICE 1:15-2:45
TUES. 28	DAY 7 BLOCK 3 ACADEMIC BLOCK		
	DEPARTURE 2:15	RETURN 3:35	ICE 2:30-3:20

**FEBRUARY:**

MON. 3	DAY 1 DEPARTURE 9:05	RETURN 10:35	ICE 9:30-10:20
	(JUNIOR AND SENIOR LEAVE AT 11:00 FOR GAMES VS. LBP)		
WED. 5	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
FRI. 7	DAY 5 DEPARTURE 12:45	RETURN 3:15	ICE 1:15-2:45
TUES. 11	DAY 7 BLOCK 3 ACADEMIC BLOCK		
	DEPARTURE 2:15	RETURN 3:35	ICE 2:30-3:20
MON. 17	DAY 1 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
WED. 19	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
FRI. 21	DAY 5 DEPARTURE 12:45	RETURN 3:15	ICE 1:15-2:45
TUES. 25	DAY 7 BLOCK 3 ACADEMIC BLOCK (JUNIOR AT BREBEUF 4:00)		
	BLOCK 4 OPEN GYM		
FRI. 28	DAY 1 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15

**MARCH:**

WED. 11	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
FRI. 13	DAY 5 DEPARTURE 12:45	RETURN 3:15	ICE 1:15-2:45
TUES. 17	DAY 7 BLOCK 3 ACADEMIC BLOCK		
	DEPARTURE 2:15	RETURN 3:35	ICE 2:30-3:20
MON. 23	DAY 1 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
WED. 25	DAY 3 DEPARTURE 9:05	RETURN 11:45	ICE 9:45-11:15
TUES. 31	DAY 7 BLOCK 3 ACADEMIC BLOCK		
	DEPARTURE 2:15	RETURN 3:35	ICE 2:30-3:20